

Commit To Get Strong.



SPORTSMED
PHYSIO

Rehab Class Packages

Basic - \$480*

- ◆ 6 weeks of group sessions (12 weeks total)
- ◆ Individualized Program
- ◆ Dynamometric strength testing pre and post-program
- ◆ Real session cost with insurance rebate around \$0 - \$20

Advanced - \$960*

- ◆ 12 weeks of group sessions (24 sessions total)
- ◆ Constantly updated program
- ◆ Dynamometric strength testing pre and post-program
- ◆ Use of Alter-G Treadmill

Elite - \$1140*

- ◆ 6 weeks of INDIVIDUAL sessions (12 weeks total)
- ◆ Constantly updated program
- ◆ Dynamometric Strength testing pre and post-program
- ◆ Use of Alter-G Treadmill
- ◆ Rehab Equipment
- ◆ Choice of Premium Collagen Powder

*Private health rebates apply

Real cost maybe significantly less

Speak to reception to quote your situation